

Patient Delivered Partner Therapy for Chlamydia and Gonorrhea (Doxycycline 100mg #14 and Cefpodoxime 400mg)

PLEASE READ THIS VERY CAREFULLY

Why do I need to take this medicine?

Your sex partner has recently been treated for Chlamydia and Gonorrhea. These are curable infections you can get from having sex with a person who already has them. Many people with these infections do not know they have them because they feel okay and do not have any symptoms. However, if you do not take medicine to cure it, you can get very sick.

You could have Chlamydia and Gonorrhea. It is important that you get treated. We want to be sure that you get the medicine you need as soon as possible. The best way to take care of yourself is to see your doctor or come to City Clinic for a check-up and medicine. If you are not able to go to your doctor or City Clinic within 1 week, you should take the medicine enclosed.

Is the medicine safe?

The medicine is very safe. However, you should talk to your doctor or come to City Clinic if you have any of the problems listed below. DO NOT take the medicine if:

- You know you are pregnant, think you might be pregnant or plan to become pregnant
- You are female and having lower belly pain, pain with sex, vomiting or fever
- You are male and having pain or swelling in the testicle (balls) or fever
- You ever had a bad reaction, rash or allergy to Doxycycline or other tetracycline antibiotics
- You ever had a bad reaction, rash or allergy to Cefpodoxime (Vantin) or any cephalosporin (any antibiotic that starts with cef- or ceph-) or a life threatening reaction to Penicillin
- You have a serious long-term illness such as kidney, heart or liver disease
- You are taking prescribed medicine, especially for heart disease or serious mental illness

How do I take the medicine?

- You will receive 14 blue 100mg Doxycycline pills (for Chlamydia) and 2 white or orange 200mg Cefpodoxime pills (for Gonorrhea).
- Take the 2 Cefpodoxime pills at the same time with food and a full glass of water.
- Take one Doxycycline pill twice a day for 7 days after eating (for example after breakfast and after dinner). Be sure to finish all of your medicine.
- This medicine may cause an upset stomach, diarrhea, nausea, or vomiting. This should not last long. If these symptoms persist or you develop a rash or fever, contact your doctor or City Clinic.
- Avoid prolonged contact with direct sunlight while taking Doxycycline.
- Do not share or give this medicine to anyone else.
- Do not have sex for the next 7 days because it takes 7 days for the medicine to cure these infections. If you have unprotected sex during the 7 days after taking the medicine, you could still pass the infection to your sex partners.
- We recommend re-testing in 3 months to make sure that you have not been re-infected.

What can I do if I still have questions?

If you have any questions about the medicine, please call (415) 487-5595 during clinic hours. All calls are confidential. You can also come into City Clinic for a low cost or free visit including: exam, testing and medicine. For more information and directions, visit our website.

City Clinic	Monday	8 am – 4pm
356 7 th Street	Tuesday	1 pm – 6 pm
San Francisco, CA 94103	Wednesday	8 am – 4 pm
(415) 487-5500	Thursday	1 pm – 4 pm
www.sfcityclinic.org	Friday	8 am – 4 pm

