

Patient Delivered Partner Therapy for Non-Gonococcal Urethritis (NGU) (Doxycycline 100mg #14)

PLEASE READ THIS VERY CAREFULLY

Why do I need to take this medicine?

Your sex partner has recently been treated for Non-Gonococcal Urethritis (NGU). NGU is often a curable infection you can get from having sex with a person who already has it. Many people with NGU do not know they have it because they feel okay and do not have any symptoms. However, if you do not take medicine to cure it, you can get very sick.

You could have NGU. It is important that you get treated. We want to be sure that you get the medicine you need as soon as possible. The best way to take care of yourself is to see your doctor or come to City Clinic for a check-up and medicine. If you are not able to go to your doctor or City Clinic within 1 week, you should take the medicine enclosed.

Is the medicine safe?

The medicine is very safe. However, you should talk to your doctor or come to City Clinic if you have any of the problems listed below. DO NOT take the medicine if:

- You know you are pregnant or think you might be pregnant
- You are female and having lower belly pain, pain with sex, vomiting or fever
- You are male and having pain or swelling in the testicle (balls) or fever
- You ever had a bad reaction, rash or allergy to Doxycycline or other tetracycline antibiotics
- You have a serious long-term illness such as kidney, heart or liver disease

How do I take the medicine?

- You will receive 14 blue 100mg Doxycycline pills.
- **Take one pill twice a day for 7 days** after eating (for example after breakfast and after dinner).
- Finish all of your medicine.
- This medicine may cause an upset stomach, diarrhea, nausea, or vomiting. This should not last long. If these symptoms persist or you develop a rash or fever, contact your doctor or City Clinic.
- Avoid prolonged contact with direct sunlight while taking this medicine.
- Do not share or give this medicine to anyone else.
- Do not have sex for the next 7 days because it takes 7 days for the medicine to cure NGU. If you have unprotected sex during the 7 days while taking the medicine, you could still pass the infection to your sex partners.
- We recommend re-testing in 3 months to make sure that you have not been re-infected.

What can I do if I still have questions?

If you have any questions about the medicine, please call (415) 487-5595 during clinic hours. All calls are confidential. You can also come into City Clinic for a low cost or free visit including: exam, testing and medicine. For more information and directions, visit our website.

City Clinic
356 7th Street
San Francisco, CA 94103
(415) 487-5500
www.sfcityclinic.org

Monday	8 am – 4pm
Tuesday	1 pm – 6 pm
Wednesday	8 am – 4 pm
Thursday	1 pm – 4 pm
Friday	8 am – 4 pm

