



# Staph and MRSA

(Staphylococcus aureus and Methicillin-resistant Staph)

## Staph and MRSA

- Very common bacteria
- Easily treated in most cases

## How do people get MRSA?

- From exposure in the hospital
- Skin to Skin Contact
- Touching a wound or surface that is soiled with pus
  - Sharing towels
  - Sharing razors

## How do I avoid getting MRSA?

- Wash Hands often
  - warm soapy water
  - scrub for 20 seconds
- Don't share personal items
- Cover open wounds
- Monitor skin injuries
- Avoid items that irritate the skin
- Clean surfaces that come into contact with an open wound or pus

## Staph and MRSA skin infections can look like this:

**Pimple**



**Boil**



**Blister or Sores**



**Abscess with Pus**



**Abrasion**



A lab test is required to tell if an infection is Staph or MRSA (ask your doctor).