

SAN FRANCISCO DEPARTMENT OF PUBLIC HEALTH





Take 1 pill once a day. Finding a routine is essential.



PrEP is safe and can reduce your risk of HIV by more than 90%.



Get tested for HIV and STDs every 3 months.



It takes at least 1 week on PrEP before you'll be protected for anal sex, and 3 weeks for vaginal sex.



Tell your provider if you plan to stop (or restart) PrEP.