**Rectal Self-Swab Collection Instructions**

**Step 1.**
Open kit and remove tube and package with green writing. Remove the swab with the **BLUE shaft. USE BLUE SHAFT SWAB ONLY.**

**Step 2.**
Insert swab 1 inch into the anus and turn for 5 – 10 seconds.
If needed, before inserting swab, wet swab with water or saline solution.

**Step 3.**
Remove cap from test tube. Place swab in test tube. Do not puncture the foil cap.
Break swab shaft at the score mark.

**Step 4.**
Put cap back tightly on test tube to prevent any leaking. Try not to splash the liquid out the tube.

**Step 5.**
Discard wrapper and unused swab. **Wash your hands.** Return the tube to the health worker.