Vaginal Self-Swab Collection Instructions

**Step 1.**
Open kit and remove tube and package with green writing. Remove the swab with the **BLUE** shaft. Do not touch the tip of the swab. **USE BLUE SHAFT SWAB ONLY.**

**Step 2.**
Put the tip of the small swab about 2 inches into the opening of your vagina and make two small, slow circles with the tip. Make sure the small swab touches the sides of your vagina. Take the small swab out of your vagina.

**Step 3.**
Remove cap from test tube. Place swab in test tube. Make sure the tip of the small swab reaches the bottom of the tube. Do not puncture the foil cap. Break swab shaft at the score mark.

**Step 4.**
Put cap back tightly on test tube to prevent any leaking. Try not to splash the liquid out the tube.

**Step 5.**
Discard wrapper and unused swab. **Wash your hands.** Return the tube to the health worker.