# STD PREVENTION AND CONTROL SERVICES, SAN FRANCISCO DEPARTMENT OF PUBLIC HEALTH STD AND HIV SCREENING GUIDELINES

These evidence-based recommendations provide guidance for chlamydia, gonorrhea, syphilis and HIV screening in persons without symptoms or a need for diagnostic testing.<sup>1, 2</sup>

### **WOMEN**

	Chlamydia and Gonorrhea	Syphilis	HIV
25 years and younger	Test every 12 months	At least one lifetime test <sup>2</sup>	At least one lifetime test <sup>2</sup>
Older than 25 years	Not routinely recommended <sup>2</sup>	At least one lifetime test <sup>2</sup>	At least one lifetime test <sup>2</sup>
Pregnant <sup>3, 4</sup>	Test in 1 <sup>st</sup> trimester, repeat in 3 <sup>rd</sup> trimester if at increased risk <sup>2</sup>	Test in 1 <sup>st</sup> and 3 <sup>rd</sup> trimester, and at delivery <sup>3, 4</sup> .	First prenatal visit, repeat in 3 <sup>rd</sup> trimester if at increased risk <sup>2</sup>
HIV+ Women should be screened annually for trichomoniasis (trich)			

## MEN WHO HAVE SEX WITH WOMEN

	Chlamydia and Gonorrhea	Syphilis	HIV
Any age, any site	Not routinely recommended <sup>2</sup>		At least one lifetime test <sup>2</sup>

# MEN WHO HAVE SEX WITH MEN (MSM)

	Chlamydia and Gonorrhea	Syphilis	HIV
Blood		Every 3 months	
Rectal & Pharyngeal <sup>5</sup>	Every 3 months		
Urine <sup>6</sup>	Every 3 months		

#### TRANS WOMEN AND TRANS MEN WHO HAVE SEX WITH MEN

	Chlamydia and Gonorrhea	Syphilis	HIV
Blood		Every 3 months	
Rectal & Pharyngeal <sup>5</sup>	Every 3 months		
Urine <sup>6</sup> /Vaginal Swab	Every 3 months		

<sup>&</sup>lt;sup>1</sup>These are general population recommendations. SFDPH may make separate recommendations for specific groups that correlate with higher risk. Also see: CDPH Expanded Syphilis Screening Recommendations for the Prevention of Congenital Syphilis: 2020.

<u>Terminology Defined</u>: **Transgender (Trans):** A person whose gender identity differs from the sex that was assigned at birth. A trans man (or trans male) is someone with a male gender identity who was assigned female sex at birth; a trans woman (or trans female) is someone with a female gender identity who was assigned male sex at birth.

For more info: Visit www.sfcityclinic.org or call 415-487-5595

<sup>&</sup>lt;sup>2</sup>Consider more frequent or routine screening if patient has any of the following risk factors: sex with a man who has sex with men, history of STD in the past year, methamphetamine use, unstable housing or homelessness, sex work, intimate partner violence, or incarceration.

<sup>&</sup>lt;sup>3</sup>Regardless of intentions to carry to term.

<sup>&</sup>lt;sup>4</sup>Test all pregnant people in Emergency Department for syphilis prior to discharge if documentation of syphilis testing during pregnancy is not available.

<sup>&</sup>lt;sup>5</sup>Prioritize these extra-genital sites, as rectal and pharyngeal infections are almost always asymptomatic.

<sup>&</sup>lt;sup>6</sup>If cost permits or extra-genital testing not available.