Patient Delivered Partner Therapy for Non-Gonococcal Urethritis (NGU)
(Azithromycin 1 gm)

PLEASE READ THIS VERY CAREFULLY

Why do I need to take this medicine?
Your sex partner has recently been treated for non-gonococcal urethritis (NGU). NGU is a curable condition you can get from having sex with a person who has a sexually transmitted infection (STI). Many people with a STI do not know they have it because they feel okay and do not have any symptoms. However, if you do not take medicine to cure it, you can get very sick.

You could have a STI. It is important that you get treated. We want to be sure that you get the medicine you need as soon as possible. The best way to take care of yourself is to see your medical provider or come to City Clinic for a check-up and medicine. If you are not able to go to your provider or City Clinic within 1 week, you should take the medicine enclosed.

Is the medicine safe?
The medicine is very safe. However, you should talk to your doctor or come to City Clinic if you have any of the problems listed below. DO NOT take the medicine if:

- You are female and having lower belly pain, pain with sex, vomiting or fever.
- You are male and having pain or swelling in the testicle (balls) or fever.
- You have ever had a bad reaction, rash, or allergy to azithromycin (Zithromax), erythromycin, or clarithromycin (Biaxin).
- You have a serious ongoing illness such as kidney, heart, or liver disease.
- You are taking other medicine that may interact with azithromycin.

How do I take the medicine?
- You will receive 2 azithromycin pills.
- Take both pills at the same time with a full glass of water.
- Avoid taking on an empty stomach. This medicine may cause an upset stomach, diarrhea, nausea, or vomiting. If these symptoms persist or you develop a rash or fever, contact your provider or City Clinic.
- Do not share or give this medicine to anyone else.
- Do not have sex for 7 days after taking the medicine because it takes 7 days for the medicine to cure the infection. If you have unprotected sex during the 7 days after taking the medicine, you could still pass the infection to your sex partners.
- We recommend re-testing in 3 months to make sure that you have not been re-infected.

What can I do if I still have questions?
If you have any questions about the medicine, please call (628) 217-6600 during clinic hours. All calls are confidential. You can also come to City Clinic for a visit including: exam, testing, and medicine. For more information and directions, visit our website www.sfcityclinic.org

City Clinic
356 7th Street
San Francisco, CA 94103
(628) 217-6600

Monday 8 am – 4 pm
Tuesday 1 pm – 6 pm
Wednesday 8 am – 4 pm
Thurs 8-11am 1 pm – 4 pm
Friday 8 am – 4 pm

City Clinic
A landmark in prevention