

# Patient Delivered Partner Therapy for Non-Gonococcal Urethritis (NGU) (Azithromycin 1 gm)

PLEASE READ THIS VERY CAREFULLY

## Why do I need to take this medicine?

Your sex partner has recently been treated for Non-Gonococcal Urethritis (NGU). NGU is often a curable infection you can get from having sex with a person who already has it. Many people with NGU do not know they have it because they feel okay and do not have any symptoms. However, if you do not take medicine to cure it, you can get very sick.

You could have NGU. It is important that you get treated. We want to be sure that you get the medicine you need as soon as possible. The best way to take care of yourself is to see your doctor or come to City Clinic for a check-up and medicine. If you are not able to go to your doctor or City Clinic within 1 week, you should take the medicine enclosed.

## Is the medicine safe?

The medicine is very safe. However, you should talk to your doctor or come to City Clinic if you have any of the problems listed below. DO NOT take the medicine if:

- You are female and having lower belly pain, pain with sex, vomiting or fever
- You are male and having pain or swelling in the testicle (balls) or fever
- You ever had a bad reaction, rash or allergy to Azithromycin (Zithromax), Erythromycin, or Clarithromycin (Biaxin)
- You have a serious long-term illness such as kidney, heart or liver disease
- You are taking prescribed medicine, especially for heart disease or serious mental illness

## How do I take the medicine?

- You will receive 2 pink 500mg Azithromycin pills.
- Take both pills at the same time with a full glass of water.
- This medicine may cause an upset stomach, diarrhea, nausea, or vomiting. This should not last long. If these symptoms persist or you develop a rash or fever, contact your doctor or City Clinic.
- Do not share or give this medicine to anyone else.
- Do not have sex for the next 7 days because it takes 7 days for the medicine to cure NGU. If you have unprotected sex during the 7 days after taking the medicine, you could still pass the infection to your sex partners.
- We recommend re-testing in 3 months to make sure that you have not been re-infected.

## What can I do if I still have questions?

If you have any questions about the medicine, please call (415) 487-5595 during clinic hours. All calls are confidential. You can also come into City Clinic for a low cost or free visit including: exam, testing and medicine. For more information and directions, visit our website.

City Clinic  
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[www.sfcityclinic.org](http://www.sfcityclinic.org)

Monday	8 am – 4pm
Tuesday	1 pm – 6 pm
Wednesday	8 am – 4 pm
Thursday	1 pm – 4 pm
Friday	8 am – 4 pm

